**List of things to take when you escape/ leave**

If you are considering leaving your abusive partner it is important to be prepared and aware of your resources to help you get back on your feet.

* + Identification (Driver’s license, passport, Green Card, social security cards, birth certificate for both you and your children, work permits, welfare card, picture ID)
	+ Suitcase of clothes for both you and your children
	+ Favorite toys for the children
	+ Bank cards/ documents (savings, checking, checkbook, etc.)
	+ Any information that your abuser can use to track you
	+ Money, if possible
	+ Medical and School records
	+ Medication and prescriptions
	+ Baby Supplies (bottles, formula, clothes, pacifier, car seat, diapers)
	+ Important documents (divorce papers, custody settlements, any previous police reports, order of protections, pictures of injuries, marriage license)
	+ Lease or rent contract
	+ Bills and utility information
	+ Cell phone account information
	+ Other: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_